

Friday 17th May 2019

From our Principal

Dear parents, carers, family members and community members,

Welcome back for Term 2. We certainly hope you had a lovely break and an opportunity to relax. Big thanks to our P&C BBQ team who worked all day on the middle Saturday of the holidays at a very busy Bunnings – over \$2000 was raised – thank you all!

We will also be busy sizzling at school on 18th for the election – come on down to the school and vote, and help us by assisting at the BBQ or buying a sausage. All funds are going towards the purchase of a swing for our students.

Healthcare

Many of our students at Fernhill School have complex needs including healthcare issues. As we are approaching the colder weather, now is a good time to remind everyone to:

1. Ensure all medical details for your child are up to date and accurate.
2. Advise the office of any changes to care, health or medication.
3. Ensure medications, puffers, EpiPens are in date and provided to the school.
4. Ensure all medication (where appropriate) are provided in webster packs.

In addition, parents must update asthma, epilepsy and anaphylaxis plans every year in consultation with the doctor involved. Our DP, Alison, is sending out reminders, and these plans need to be sent into school via the office. Parents are also responsible for asthma puffers and EpiPens being in date.

To support our students we also ask that parents DO NOT send in any nut products to school to help reduce the risk to some of our students. We cannot guarantee a nut free environment, but your support is greatly appreciated.

Sick Students

We are heading into the winter months where the dreaded flu starts to emerge. Please ensure students are not sent to school when they are unwell. Germs spread quickly and students are much more comfortable resting at home. Should your child become unwell at any time at school or on the way to school, office staff will contact you and advise you.

Our students' wellbeing matters.

Kind regards,

Julie

From our Office

MOTHERS DAY GIFTS: Thank you to all the families for supporting our P&C Mother's Day stall. I am sure you were all delighted with your chosen gifts.

We still do have some left over gifts for sale in Admin Office at \$5 per gift. If you would like to purchase a quality gift, at an inexpensive price for another occasion please feel comfortable to come along and purchase from our office.

FEDERAL ELECTION Saturday 18th May. This Saturday our school will be a voting booth for the Federal Election. Our P&C will be hosting a BBQ and cold drinks. We will also have available a coffee van with other yummys for sale. Please come along and vote at our school booth and support our fundraising for your students.

WOOLIES EARN & LEARN STICKERS:

We are again collecting Woolies Earn & Learn stickers for more fabulous equipment for our students. Please support our school by placing your stickers in the box at Woolies Glenmore Park or sending into the school to place in box in our front office. We thank you all for your support with this fantastic event.

Regards

Kisane, Angela & Elisha



HOME BASE YELLOW

Welcome to Yellow Block News

Welcome back to Term 2. We finished off Term 1 with a visit from Penrith Council Toy Library who brought along some sensory toys and shared some stories with us in the school hall. We also learnt about Greater Bilbies with a video incursion from Taronga Zoo. The learning fun has continued this term with a visit from Sydney Trains teaching us to wait behind the yellow line, hold an adults hand and take a big step when stepping on and off the train. Savannah did a lovely job as our Block Leader thanking the presenters for visiting us.

We were very proud of how well Yellow Block students participated in the ANZAC commemoration at the beginning of this term. One of our youngest students, Elizah helped our school captains create the rosemary wreath to lay under the flagpole. We also learnt about the ANZACs and made some ANZAC biscuits. We've got a very busy term ahead and are all enjoying our time at school.

Just a quick reminder, please make sure all jumpers are labelled as the mornings are cold but the days are warm at the moment. We try our best to make sure that jumpers and clothing make their way home with the right person and names on items really help.

Leanne, Jodie P, Jodie C, Lorette , Julie B, Shayal, Donna, Sam, Kimberley C, Rebecca L, Tara K, Kerrie H.

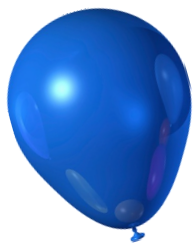


Sydney Trains Incursion



ANZAC Day Commemoration





HOMEBASE BLUE

Welcome to Blue Block News

Welcome to Term 2! What an exciting start we have had to the term in Blue Block. All Blue Block classes have started weekly swimming sessions in our school pool. The students are all quickly getting used to the routines associated with swimming, it's great to see such happy faces when they are ready and nearing the pool. It has been wonderful to see the students so confident and happy in the water! Blue 8 and Blue 7 will be next to join the pool and should be starting in the next few weeks. Thank you to all the parents that have volunteered to help and also just a reminder to all parents and carers that all students need the appropriate swim nappies and swimwear in order to participate. Thanks for your cooperation!

On our first Thursday back at school, we commemorated ANZAC Day. Blue Block joined the rest of the school in a special assembly where we remembered those brave men and women who have fought for our country. We were so proud of how sensible Blue Block students were throughout the assembly, with many students actively participating. Well done, Blue Block!

All classes have resumed their regular teaching programs, with students continuing to focus on earth and space, the human body, and features of places. Each day, Blue Block have been working hard having fun with rocket experiments and many out of space artworks and others are participating in sensory activities to learn about the human body, including a sand pit scavenger hunt to excavate bones! Blue Block continues to be a very busy place full of learning, excitement and fun. We look forward to the term ahead!

Deb, Kimberley R, Mirelle, Tara D, Ashleigh, Vicki N, Shania and Linda.





HOME BASE ORANGE

Welcome to Orange Block News

Welcome back to Term 2!

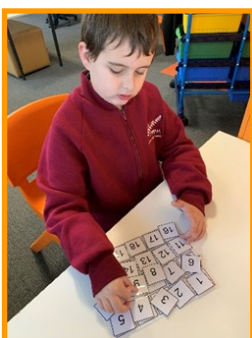
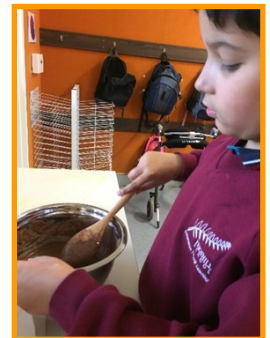
The students in Orange Block have settled back in nicely and are hard at work. Our first week back had a big focus on ANZAC Day where students attended a ceremony and made poppies!

This term students will continue to learn about the local community in History and relationships in PDHPE, though we will be starting to look at addition and subtraction as well as money and shapes in Maths. In English, students are continuing their topic about Asian Perspectives.

Swimming will be commencing this term in Orange Block. The students are very excited to begin and we are all so very grateful to the parents who have helped us to volunteer in the pool.

As the cold weather is approaching quickly, we would just like to remind everyone to label their child's clothing! The students enjoy playing games with their peers and teachers during playtime and take their jumpers off. This way we will be able to identify clothing items and return them immediately.

Kayla, Tyrone, Alyssa, Mel, Danielle, Jenny, Naomi and Jess





HOME BASE GREEN

Welcome to Green Block News

Welcome back to Term 2!

Green block is where the action is as the students of Fernhill enter a new term with determination.

So far we have had our school photos. We all looked amazing.

The P&C put on a fantastic Mother's Day stall, with lots of special gifts for our mother/grandmother/nanny. It helped the most important people in our life feel that bit more special.

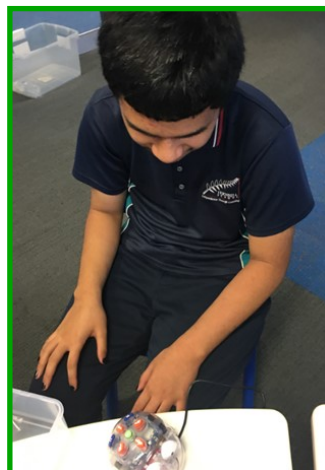
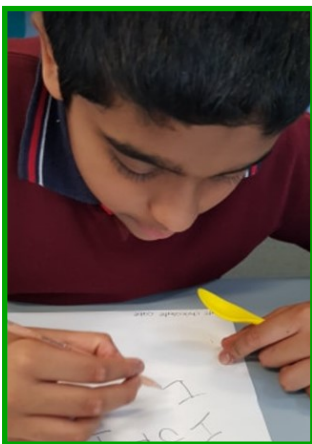
Green block has welcomed a new student, Tenise. He is settling in very nicely and it is great to have you in here!

We are getting ready to start our clubs on Thursday afternoon. It should be fun for all our students, with a selection from lego to arts and craft I'm sure there will be something there for everyone!

Time to break out the swimmers as some classes are starting swimming, and are enjoying their time at the pool. We'll be starting shortly.

Until next time, Fernhill!

Jared McDougall, Green 15



FERNHILL COMMUNITY NOTICES



National Volunteer Week– Showcasing OUR Fernhill Volunteers

Every Tuesday we have a group of lovely ladies that help out behind the scenes at our beautiful school. They cover books, help make teacher resources, help out in the Library and so much more behind the scenes to support your children here.

We are forever grateful for all that they do, they have even handmade some wonderful sensory blankets and pillows for our students to enjoy.

In recognition of our appreciation ,we have nominated our Volunteers to celebrate and attend the Penrith Volunteer Showcase at the Penrith Civic Centre next Friday 24th May 2019. It is a fantastic opportunity to show them how much we appreciate their work at our school.



Award Winning **little toggs**
Swimming Made Easy

info@littletoggs.com.au
www.littletoggs.com.au

Swimming made easy

Thank you to all the parents who responded to the Expression of Interest sent out last month.

Unfortunately we did not have enough interest to allow us to purchase and hold stock in the office.

If you wish to purchase some Little Toggs swimmers please visit the website provided.

Award Winning **little toggs**
Swimming Made Easy

- Reusable swim pants with no need for a nappy
- SPF 50+
- Stylish Designs
- Safer, Easier, giving you time to enjoy those special moments

Children's and Adults
Award Winning Swimwear
and Accessories

FERNHILL COMMUNITY NOTICES

**Come and join in
the fun at Orchard
Hills this Saturday
18th May 2019
10am - 2pm**

**FREE Sausage Sizzle!
Fire Trucks on Display!
Spray Water!!
Fire Safety Tips!
And more!!**



FIRE STATION OPEN DAY

at the

Fire and Rescue NSW Emergency Services Academy

1-5 Distribution Drive

ORCHARD HILLS



Saturday 18 May 2019

10am to 2pm

*Fire Safety Tips - Fire Trucks (old & new)
Museum of Fire - Demonstrations - Ask a Firefighter - Free Sausage Sizzle - Spray Water*

Skoolbag App

We have reached an amazing 127 App downloads! For our new parents who are not familiar with this App, we use Skoolbag to send out notifications of upcoming events within our school and it is also used to notify the school of student absences. Please see instructions below for downloading the App onto your phone. If you require assistance please see our friendly office staff.



How To Install Skoolbag On Your Smartphone

For iPhone and iPad users:

1. Click the "App Store" icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. You will see your school appear, click "Get" then "install".
4. The app is FREE to download.
5. When installed click "Open"
6. Select "OK" to receive push notifications, when asked.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you by tapping the on/off switch.



For Android users:

You must first have signed up with a Google Account before installing the app.

1. Click the "Play Store" button on your Android Device
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the "Install" button.
5. Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
6. Click "Open" when installed.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you by tapping the on/off switch.



Please Note: Some brands of Android phones need the setting in "Notification Manager" changed to "Allow" instead of "Notify" in order for the push notifications to work. The phone must also be running at least version 4 system software to run the app.

For Windows 81 Phone and Windows 81 or 10 device users:

1. Go to the Windows Store on your 81 Windows Phone or Windows 81/10 Device
2. Search for "Skoolbag" in the keyword app search
3. Install the Skoolbag app
4. Find your school either by using the keyword search or location service.
5. Click the "Pin" icon to pin the school tile to your Windows Phone home screen.
6. Click the "More" button on the bottom right of the App, then "Setup"
7. Toggle the Push Categories that are applicable to you by tapping the on/off switch.

Please Note: The Skoolbag Windows App is for 81 version Windows Phones, or Windows 81 and 10 devices.



Find out more at www.skoolbag.com.au

Don't forget to like us on Facebook!

Kylie's Kitchen Budget Tips

Fun easy
recipes & tips
to follow at
home for all
the family

 **Cancer Council** **HEALTHY LUNCH BOX**

The simplest way

... to get kids involved in packing a healthy lunch box.

Getting kids involved in selecting – from healthy choices – what they would like to eat at school means they are more likely to eat what's packed in the lunch box.



Visit healthylunchbox.com.au and use our interactive [lunch box builder](#) with your children to plan a healthy lunch box.

Kids can choose lunch box foods from the pictures in each of the food groups to pack a healthy lunch box they will enjoy.

To help you plan for the week ahead, saving you time and money, you can email or print the lunch boxes your children pack online along with personalised tips and recipes.

healthylunchbox.com.au

 **Cancer Council** **HEALTHY LUNCH BOX**

Nutrition Snippet

The simplest way

...to reduce cancer risk with wholegrains.

New evidence shows that eating wholegrains every day significantly reduces your bowel cancer risk.*

Delicious wholegrains you can incorporate into your family's diet include:

- wholemeal or multi-grain bread, muffins and crumpets;
- wholegrain or whole-wheat breakfast cereals or muesli;
- wholemeal or mixed grain crispbread;
- brown rice, rice cakes, wholemeal pasta, corn, oats, quinoa, rye, spelt, millet or amaranth;
- barley (not the pearl variety) or cracked wheat (bulgur).



We recommend at least four serves of wholegrain or wholemeal foods every day. One serve equals 1 slice of wholegrain bread or ½ cup of cooked porridge.

*Report available online: wcrf.org/colorectal-cancer-2017.

For more information visit www.eatittoBeatit.com.au or join us at facebook.com/eatittoBeatit

The Eat It To Beat It program is supported by the Nepean Blue Mountains Local Health District Live Life Well @ School Program.

 **Health**
Nepean Blue Mountains
Local Health District

 **Eat It To Beat It**

Election Day BBQ


Fernhill School is holding an Election BBQ this Saturday 18th May 2019, we will be sizzling away from 8am - 3pm.

We would greatly appreciate it if you are able to spare an hour to help out, come and see us on the day!



FERNHILL COMMUNITY NOTICES



 FERNHILL School - Term 2 2019					
Term TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	20 th May P&C MEETING 9.30am	21 st May	22 nd May	23 rd May P&C INFORMAL COFFEE CATCHUP 9.30AM	24 th May
5	27 th May	28 th May PROSPECTIVE PARENT WALKTHROUGH 11AM	29 th May	30 th May	31 st May
6	3 rd June	4 th June	5 th June P&C INFORMAL COFFEE CATCHUP 9.30AM	6 th June	7 th June
7	10 th June PUBLIC HOLIDAY QUEEN'S BIRTHDAY	11 th June PROSPECTIVE PARENT WALKTHROUGH 11AM	12 th June	13 th June	14 th June
8	17 th June P&C MEETING 9.30am	18 th June P&C INFORMAL COFFEE CATCHUP 9.30AM	19 th June	20 th June	21 st June
9	24 th June	25 th June PROSPECTIVE PARENT WALKTHROUGH 11AM	26 th June	27 th June	28 th June
10	1 st July P&C INFORMAL COFFEE CATCHUP 9.30AM	2 nd July	3 rd July	4 th July NAIDOC DAY	5 th July LAST DAY TERM 2
	Hols	Hols	Hols	Hols	Hols



CONTACT US

FERNHILL SCHOOL | 12-40 Ridgetop Drive, GLENMORE PARK NSW 2745 | **PRINCIPAL:** Julie Raciborska | **PH:** 02 4733 0388 | **FAX:** 02 4733 0644 | **E:** fernhill-s.school@det.nsw.edu.au | **www.fernhill-s.schools.nsw.edu.au**